



Cuan FM to go on air

Residents of the Ards Peninsula are being offered the unique opportunity to assist in the development of a short term community radio station for older people, as part of the O40 project.

O40 (Older People for Older) is a project involving older people with the purpose of improving services and offering support to those from rural areas.

The development of the community radio station is co-ordinated by the Department of Sociology at Queen's University Belfast, in partnership with Peninsula Healthy Living and **Age Concern Help the Aged NI**.

Sheila Bailie, at Peninsula Healthy Living, said: "We would like local people of all ages from the Ards Peninsula to get involved in the planning, development and running of the radio station, which will be called Cuan FM.

"Cuan FM will be a great way for everyone to contribute positively to the lives of older people. No prior experience is necessary, as free training is provided and will commence on Thursday, April 15.

"The radio programmes will focus on issues of interest to older people, providing welcome comfort to those who may experience loneliness and isolation."

To become involved in this local radio station, or for more information about the O40 project, contact Sheila Bailie at Peninsula Healthy Living on 4273 9021 or email sheila@peninsulahealthyliving.org